A close up of a logo

Description automatically generated

Navigating My Way is a project being run by VMIAC.

A hands holding a coin

Description automatically generated

The NDIS Quality & Safeguards Commission has given VMIAC the money for the project.

A logo with a black background

Description automatically generated

The NDIS Quality & Safeguards Commission is a group that works to make the NDIS better and safer.

A purple and white logo

Description automatically generatedThey do this by working with people on the NDIS and services that help people on the NDIS.

A group of people holding hands

Description automatically generated

The Navigating My Way Project is run by and for people who have psychosocial disability.

A silhouette of a head with colorful lines in it

Description automatically generated

Psychosocial disability means being disabled by mental health conditions.

You can also join this project if you have used mental health services before.

The goal of the project is to help us get what we need from the NDIS.

A purple and white logo

Description automatically generated

You will be invited to help make resources and information for people on the NDIS as well as NDIS services.

A group of colorful hands in a frame

Description automatically generatedThese resources will be about:

* understanding your rights,

A hand holding a megaphone

Description automatically generated

* how to speak up for yourself, and,

A purple and white logo

Description automatically generated

* how to understand the NDIS.

A calendar and clock icon

Description automatically generated

The project started in September 2023 and will end in June 2025.

A group of people with prosthetic legs and a dog

Description automatically generatedThe project cares about:

* people with lived experience,

A pile of colorful sticky notes

Description automatically generated

* designing the resources ourselves, and

A hand holding a megaphone

Description automatically generated

* supporting speaking up for yourself.

A group of people holding hands

Description automatically generated

People with psychosocial disability will help the team make the resources from November 2023.

A group of people standing together

Description automatically generated

There will be an Advisory Group for the project.

The Advisory Group will have 10 people with psychosocial disability.

A colorful rectangular shapes with white text

Description automatically generated

An Advisory Group is a group of people who share their ideas to help guide a project.

A group of people sitting at a table

Description automatically generated

We will also run 10 group ‘co-design’ sessions with 5 people in each group.

A calendar and clock icon

Description automatically generated

These sessions will be run between December 2023 and June 2024.

A black hand holding a black arrow

Description automatically generatedThese sessions will talk about:

* what your needs are,

A yellow smiley face with a thumbs up

Description automatically generated

* what you want,

A group of colorful hands

Description automatically generated

* what your rights are in the NDIS, and

A blue head with a light bulb inside

Description automatically generated

* what you want to make.

A computer monitor and keyboard

Description automatically generatedAfter these 10 sessions, we will make 2 groups of resources.

A group of people holding hands

Description automatically generated

One group of resources will be for people with psychosocial disability.

A blue square sign with white symbols

Description automatically generated

The other group of resources will be for people and groups who work with the NDIS.