



Sign up for our workshop

Help us shape the How To Guide for Community

Engagement in Mental Health Promotion

What's the project?

Community engagement is considered a 'must have' these days for mental health programs and services, but it's easy for organisations to get it wrong. **Prevention United** has been engaged by the **Victorian Department of Health** to write a guide to help workers and organisations do this work more effectively, and to help us develop it, we want to hear from you!

How can you help?

If you've ever participated in community engagement related to mental health, we want to hear from you! We're **running a workshop** to help us understand your experiences, and make sure that our Guide reflects your insights and encourages best practice in the future. The workshop will run for **2 hours** and will involve discussions and interactive activities. You'll be remunerated with a **\$50 voucher** for your time.

Who can join?

We're looking for:

- Past or present members of Advisory Groups, Panels or Committees for mental health organisations
- People who have provided lived experience expertise to co-design or research projects related to mental health
- Community members involved in the development, research, design or delivery of programs relating to mental health and/or wellbeing promotion

If you have participated in any kind of mental health community engagement or participation, we'd love to hear from you. I If you aren't sure whether you're a good fit, get in touch.

Workshop times

The workshops will be run **online via Zoom**. We'll run the workshop with three different groups, so **you can choose which time suits you**. Choose from the following times:

- Tuesday 2 July 5:30pm 7:30pm AEST
- Wednesday 3 July 5:30pm 7:30pm AEST
- Thursday 4 July 11am 1pm AEST

If you're interested, use the link below to register. Once we have enough participants, we'll confirm your place in the workshop and send you an info pack.

Click here or scan the QR code to register





Any questions?

Contact <u>matilda.houlihan@</u> <u>preventionunited.org.au</u>